

In the 1<sup>st</sup> Joyful Mystery, we read and we meditate undisturbed:

A SYSTEMATIC CARD for the  
**METHOD of PRAYER- SLC**  
( By care of the Little Friars and Sisters V.V. of Jesus and Mary )

( A4 – Friar V.V. , Friar G.M.G.J , and Sr. V.MD & a brother...)

# “The Annunciation of the Angel Gabriel to Mary ”...



## FROM THE GOSPEL ACCORDING TO LUKE :

*« In the sixth month, the angel Gabriel was sent from God to a town of Galilee called Nazareth, to a Virgin betrothed to a man of the house of David, named Joseph. The virgin's name was Mary. And entering to her, he said, "Rejoice, oh you who are full of Grace! The Lord is with you". To these words she remained disturbed and she asked herself what be the meaning of such a greeting » ... ( Lk 1, 26-29 )...*

## MEDITATIONS ON THE MYSTERY:

« - given that it's written: << God speaks in a way or in another, but we don't pay attention >> (Cf. Jb 33, 14), and since it's also written: << Entering to Her, (the Angel) said: "I greet You, oh Full of Grace >> (Lk 1, 28), we ask how did this Angel enter to Her given that it's not actually written how ? Where did he enter ? Into her house, into her life, or into her heart ?... Or if he'd entered into the intimacy of her heart, maybe it was through a vision (etc.) ? Surely, You've allowed that the Angel had entered without then specifying to us how precisely because you want to make us understand that the Announcement of the Angel in our life can happen in so many mysterious ways... But we Lord, have we ever asked ourselves "What do you want to tell us" when we've providentially met a Priest, or a friar or a nun or a layman (etc.) inflamed with your Divine zeal ? »  
( Friar V.V., in SLC, pg. 64.65 )...

## FROM THE TEACHINGS OF THE ( Catholic ) CHURCH :

- And in regards to Announcements like so says Pope Benedict the XVI<sup>th</sup>: « *The Lord always speaks presently and in foresight of the future* » ( Pope Benedict the XVI<sup>th</sup>, *Jesus of Nazareth*, LEV, Vatican City 2007, pg. 299 )...

## FREE AND PERSONAL MEDITATION

( for a personal contribution to give to those who listen ) :

- **One day, disturbed, the mother of Friar Giuseppe asked Friar Volantino:**  
« *But what could it mean that in a dream of mine my son had made one of his ex- girlfriends pregnant?...* » – Friar Volantino replied – « *This is really something beautiful !, but you must interpret this vision in a dream in a spiritual sense. It could mean, that he has sown within her, the child Spirit of Jesus ....* ». In fact he now is a Little Friar and she has given birth to the vocation of a Nun, but after that he'd sown in her ( with his intrepid example of life and Evangelical words ) the will to Consecrate herself to the Lord ... ( Cf. *Magister* 294; *SLC XLIV.* )

*Then follows...*

- 1 Our Father...
- 5 Hail Mary's ...
- 1 Glory Be to the Father... (Sung)

- Oh my Jesus, forgive us ...  
- Mary, Queen of Peace ...

- Then, a possible "flash" song co-ordinated to the mystery / or one says singing: " Ave....., Ave....., Ave Maria ...."

*Then one goes on to the next Mystery that (as this one) for when possible must not take more than 5-7 minutes ...*

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N.B. Given that these meditations were born in Italian, don't stop so much at the translation that includes some limits, but stop yourselves rather on what the Spirit proposes! ... The major part of the Scriptural quotations found on these sheets have been translated from the (4<sup>th</sup> edition) Italian version Bible of Jerusalem (approved by the Italian Episcopal Conference - CEI -).